

PSHRE - Home learning grid

The grid below contains 3 optional tasks for each term which you can complete at home throughout the year. Bring them in to show your PSHRE teacher, and you will be rewarded with an outstanding, a Head of PSHRE Award or even the Headteacher Award!

There are some resources attached to help you to complete some of the tasks.

These are additional topics to what we are currently learning during lesson time and therefore give students the opportunity to pick something that caters to their own interests and strengths.

Autumn		
<p>Bonfire Night Poster</p> <p>Design a poster creating awareness around Bonfire night. Give information about how families can have fun but in a safe way. Highlight some of the dangers around fire and fireworks. Make sure your poster is colourful and stands out. Think about a title, pictures and the layout you will use to make your poster engaging for everyone.</p>	<p>Autism – Hidden Differences</p> <p>Read the booklet about a boy called Nick, who has autism. This will give you more information about Autism and help you to understand it better.</p> <p>If you are interested in expanding your knowledge, please ask Mrs Hamer for an Autism Activity Workbook to use at home.</p>	<p>Diabetes Awareness</p> <p>Visit the following website: https://www.digibete.org/digibete-kids/10-11s/ to hear about Dylan, a young boy who has Type 1 diabetes. Watch his video and the other videos on the site and then take the quiz to test your knowledge about type 1 diabetes.</p> <p>After, why not make a fact sheet about type 1 diabetes. You could research how a type 1 diabetic should manage their diet and what causes someone to be born with type 1 diabetes.</p>
Spring		
<p>Knife Crime</p> <p>Write an ‘Agony Aunt’ letter to your local newspaper about a friend who has recently started carrying a knife and why you are worried. Ask your parent/carer if they have an example letter at home that you can look at for ideas of layout.</p>	<p>Financial Education</p> <p>Visit the Barclays Life Skills website below, where you can learn how to manage your money and read about saving tips for the future as well as information about how to keep your money safe online. https://barclayslifeskills.com/i-want-to-get-to-grips-with-money-and-fraud/school/</p>	<p>Mega Movers</p> <p>Make a fitness video that would be suitable for middle school children. Demonstrate each exercise and explain what part of the body it will help. If you need inspiration checkout ‘The Body Coach’ on YouTube.</p>
Summer		
<p>Road and Travel</p> <p>Conduct a survey on the road safety in your local area. Ask a family member or friend if they think the roads in their area are safe, and for suggestions on how they would make safety improvements.</p>	<p>Being safe online</p> <p>Using knowledge from your PSHRE and Computing lessons create an ‘Online Safety’ informational leaflet. This could include:</p> <ul style="list-style-type: none"> • Password protection • How to report abuse • Personal and private information you should and shouldn’t share 	<p>Water Safety</p> <p>Make a PowerPoint presentation to deliver to year 3 and 4 in assembly, about water safety. This should include tips on how to stay safe during warm weather, and dangers to avoid. Make your presentation clear by using large font and engaging images.</p>

